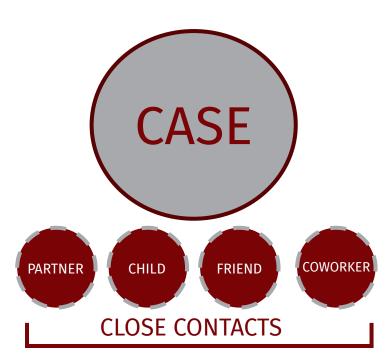
COVID-19: Close Contacts

You are considered a **close contact** if you have been **within 6 ft.** of a person infected with COVID-19 for a **cumulative total of 15 minutes** or more over a 24-hour period starting from 2 days before illness onset (or test specimen collection date if person is asymptomatic), until the time the person is isolated.

These individuals **may develop** COVID-19 as well.

Close contacts are quarantined for 14 days after their last exposure with the COVID-19 case.



Close contacts to a COVID-19 case should:

Stay home from work* or school and remain 6 feet away from others

Self monitor for symptoms of COVID-19, including twice-daily temperature checks

Stay away from people at **high risk** for severe illness

* Essential workers without symptoms can continue to work, should wear a mask, and should monitor themselves for symptoms.

Everyone should prevent the spread of COVID-19 by:

- Washing hands frequently with soap and water for at least 20 seconds, or using a hand sanitizer with at least 60% alcohol
- Covering your cough with a tissue or your elbow
- Wearing a mask, if it can be safely managed
- Cleaning and disinfecting frequently touched objects and surfaces

